

# A randomized controlled clinical trial on the efficacy and safety of HyaRegen<sup>®</sup> gel in reducing adhesions after gynecological laparoscopic surgeries<sup>1</sup>

**Background:** Adhesion after gynecological surgery is still a challenge facing practitioners due to its high prevalence and complications. Adhesions could happen in about 93% patients underwent abdominopelvic surgeries and 85% reformation of adhesion after adhesiolysis<sup>2</sup>. Adhesions may form in the surgical area and/or in locations away surgical intervention area. The ESGE guidelines for preventing adhesion include meticulous surgical skills to minimize tissue damage and using adhesion agents to reduce both *de novo* and reformed adhesions<sup>3</sup>. Different adhesion barriers are used with various level of success. However, to achieve broad coverage and comprehensive prevention is still an unmet issue. In present study, a new crosslinked hyaluronan gel (HyaRegen<sup>®</sup> Gel) was investigated for preventing adhesion formation through out the abdominopelvic cavity.

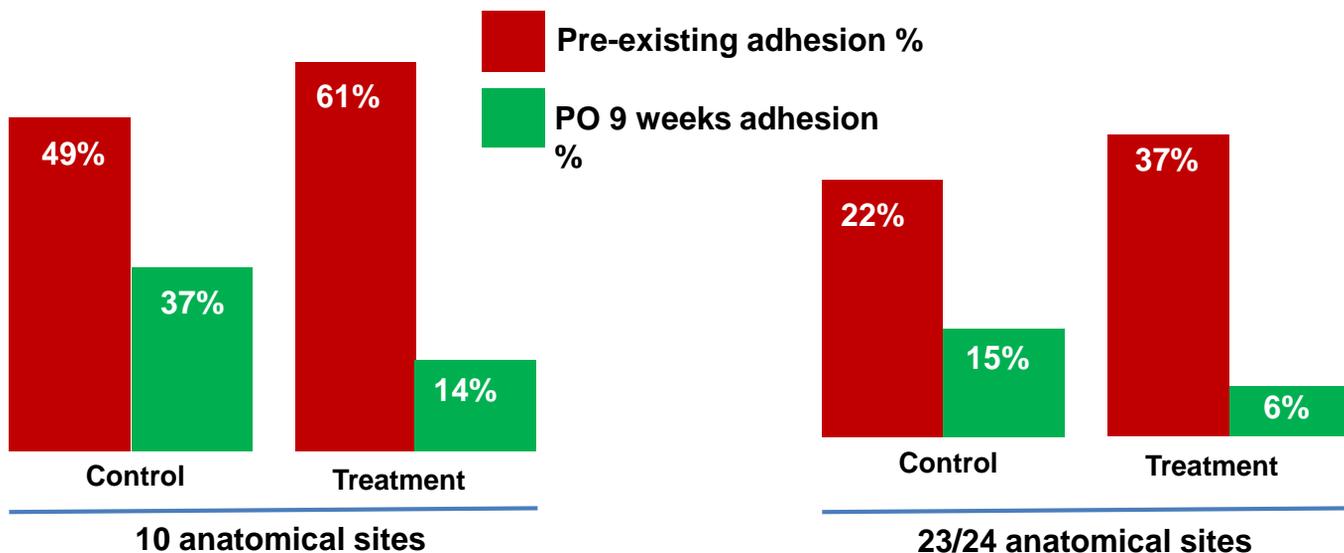
**Objectives:** To evaluate the safety and efficacy of HyaRegen<sup>®</sup> Gel in reducing adhesions in abdominopelvic cavity after gynecological surgeries via a second look laparoscopy.

**Study Design:** Randomized, third party blinded, multicenter clinical trial with 7 OB/GYN departments. In total, 216 patients scheduled to gynecological laparoscopic surgery for primary removal of adhesions, myomas, ovary cysts or endometric cysts were enrolled. For patients with pre-existing adhesions, their incidence, extent and severity were first scored following modified American Fertility Society (mAFS) scoring system (Table 1) at the 10 anatomical sites of ovaries/tubes and at the expanded 23 anatomical sites throughout abdominopelvic cavity by laparoscopy<sup>4</sup>. After completion of the primary procedures, patients were randomly assigned to the treatment group where HyaRegen<sup>®</sup> Gel were instilled into the peritoneal cavity or to the control group where equal amount of saline instead was used. HyaRegen<sup>®</sup> gel was able to coat organ and tissue surfaces that sustained surgical trauma and also their adjacent and suspected adhesiogenic surfaces remote from surgical area to achieve a broad coverage. The maximum volume of HyaRegen<sup>®</sup> gel used for one patient is upto 2.0ml per kg of bodyweight. Second-look laparoscopy was performed at 9 weeks after surgery. During the laparoscopies, video records were made. Adhesion scores were quantified by blinded videotape review. The primary endpoint was the incidence of moderate/severe adhesions at 10 sites (ovaries and tubes).

Severity	Extent			
	None	<1/3 (Grade 1, localized)	1/3-2/3 (Grade 2, moderate)	>2/3 (Grade 3, extensive)
Not present	0			
Mild (filmy) (1)		1	2	3
Severe (dense) (2)		4	8	16

**Results:** HyaRegen® gel significantly reduced adhesion incidences for 10 and 23/24\* anatomical sites. Reduced adhesion was observed not only in the surgical area but also in remote locations, achieved broad adhesion prevention throughout abdominopelvic cavity. HyaRegen® gel is safe without any complications observed.

\*At 2<sup>nd</sup> look arthroscopy the incision site was included reaching 24 locations.



## HyaRegen® Gel

HyaRegen® Gel (BioRegen Biomedical Co. Ltd.) is developed using a proprietary thiolated chemistry to crosslink the non-animal sourced HA molecules. The modification/crosslinking is controlled so that the crosslinked HA gel has adequate degradation profile and viscosity to match the critical period of tissue repair processes and inflammatory reactions.

### ➤ How is supplied

HyaRegen® gel is prefilled in a glass syringe containing 10 or 20cc gel. Individually packaged cannula is also provided to assist delivery of the gel.



**References:** 1. Liu C., et al. Manuscript submitted for publication. 2. Lower AM et al.: BJOG. 2000; 107:855. 3. De Wilde RL et al.: Arch Gynecol Obstet. 2014; 290:581. 4. The American Fertility Society. *Fertil Steril*. 1988;49:944.



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